



ALWAHA
LEBANESE RESTAURANT

مطعم الواحة

للمأكولات اللبنانية



MOËT & CHANDON

London Restaurant Awards

presented by

CARLEON



Middle Eastern Restaurant of the Year

COVER CHARGE £ 1.50 PER PERSON

PRICES ARE INCLUSIVE OF V.A.T.

Please note that some of our dishes may contain nuts, if you have any allergies please inform us.

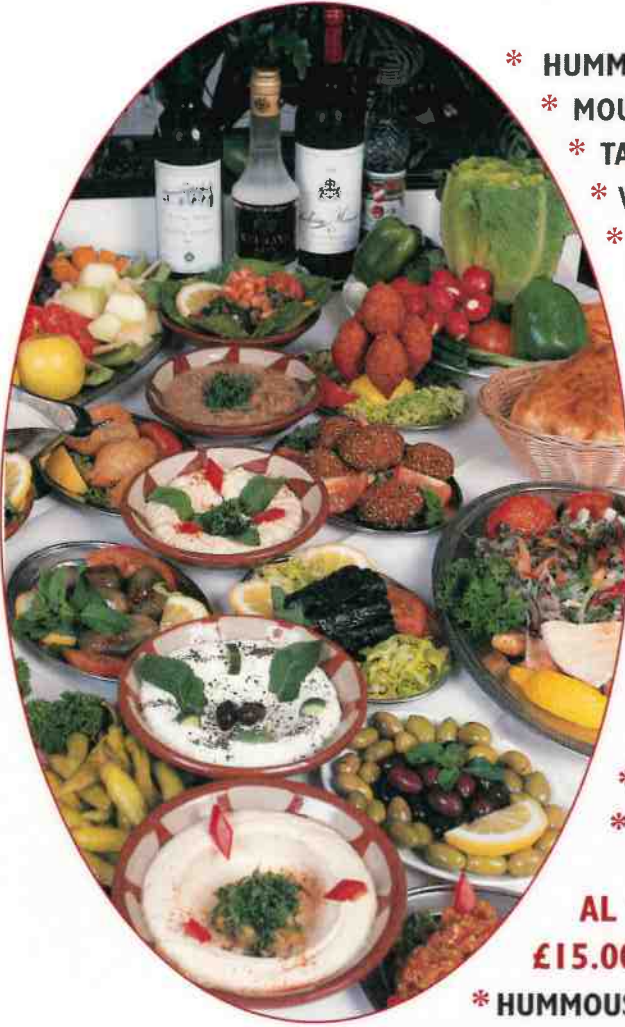
DINNER: MINIMUM CHARGE FOR HORS D'OEUVRES & MAIN COURSE IS £13.50

WE ACCEPT VISA, MASTER CARD, SOLO & SWITCH.

12% SERVICE CHARGE WILL BEE ADDED TO YOUR BILL

EXPRESS SET LUNCH MENU £13.50 PER PERSON (12noon-5pm)

Platter of selected Mezza



- * **HUMMOUS** pureed chick peas, sesame paste
 - * **MOUTABEL** grilled aubergines, sesame paste
 - * **TABOULEH** Lebanese salad & crushed wheat
 - * **WARAK INAB** vine leaves stuffed with rice
 - * **1 SAMBOUSEK CHEESE**
Pastry stuffed with cheese
 - * **1 SAMBOUSEK MEAT**
Pastry stuffed with minced lamb
 - * **1 FALAFEL** Ground chick peas, broad beans
 - * **1 KIBBEH MAKLIEH**
Fried ground lamb with crushed wheat
- * * *

VEGETARIAN SET LUNCH MENU £13.50 PER PERSON (12noon-5pm)

Platter of selected Mezza

- * **HUMMOUS**
 - * **MOUTABEL**
 - * **TABOULEH**
 - * **WARAK INAB**
 - * **1 SAMBOUSEK CHEESE**
 - * **1 FALAFEL**
 - * **1 FATAYER**
- * * *

AL WAHA SET LUNCH MENU

£15.00 PER PERSON (12NOON-5PM)

- * **HUMMOUS**
 - * **MOUTABEL**
 - * **TABOULEH**
 - * **1 KIBBEH MAKLIEH**
 - * **1 SAMBOUSEK CHEESE**
 - * **1 SKEWER SHISH TAOUK**
- * * * * *

SET MENU £22.00 PER PERSON (minimum 2 persons) A SELECTION OF COLD & HOT STARTERS:

- * **FATTOUSH** Lebanese salad & toasted bread
 - * **FALAFEL** ground chick peas, broad beans
 - * **HUMMOUS KAWARMAH** pureed chick peas with fried diced lamb
 - * **KIBBEH MAKLIEH** fried ground lamb with crushed wheat
 - * **MIXED GRILL OR DISH OF THE DAY**
- * * * * *

AL WAHA SET MENU £26.00 PER PERSON (minimum 2 persons)

A SELECTION OF COLD & HOT STARTERS:

- * **FALAFEL** ground chick peas, broad beans
- * **FATTOUSH** mixed salad with herbs, toasted Lebanese bread, vinegar & a touch of garlic
- * **KIBBEH MAKLIEH**
- * **HUMMOUS KAWARMAH** hummous topped with fried diced lamb & pine nuts
- * **SOJUK** lamb sausages, hot spices baked with tomato & slices of garlic
- * **MIXED GRILL OR DISH OF THE DAY**
- * **LEBANESE SWEETS** (baklawa)

SERVICE NOT INCLUDED

Dish of the day

DAILY £12.00

الصحن اليومي
يوميًا

BAMIA okra with lamb & herbs served with rice

بامية مع اللحم والرز

COUS-COUS served with vegetables, lamb or chicken

كسكس

KIBBEH BIL LABAN

كبة باللبن

Crushed wheat, stuffed with minced lamb, onions,
walnuts & pine nuts, cooked in yoghurt, served with rice

FATTEH BIL LAHMEH

فتات باللحمة

Tender cuts of lamb served on a bed of yoghurt & toasted
bread, topped with parsley, pomegranate & roasted nuts

FATTEH BIL HUMMOUS (V)

فتات بالحمص

Boiled chickpeas on a bed of yoghurt & toasted bread, mixed with
sesame oil, garlic topped with parsley, pomegranate & roasted nuts

DAY OF THE WEEK SPECIALITY £12.00

Monday	الأثنين	دجاج محشي
DAJAJ MAHSHI		
<i>Baked chicken on bed of rice, herbs & nuts served with cucumber yoghurt salad</i>		
Tuesday	الثلاثاء	مقلوبة
MAKLOUBA		
<i>Spicy rice with herbs topped by fried aubergines with lamb & nuts, served with cucumber yoghurt salad</i>		
Wednesday	الأربعاء	محاشي
MAHASHI		
<i>courgettes, aubergines, stuffed with rice, minced lamb, cooked in a special tomato herb sauce</i>		
Thursday	الخميس	خروف محشي
KHAROOF MAHSHI		
<i>Tender lamb with rice, herbs & nuts, served with cucumber yoghurt salad</i>		
Friday	الجمعة	داوود باشا
DAOUD BASHA		
<i>Lamb meat balls, onions, spices & pine nuts, cooked in tomato sauce, served with rice</i>		
Saturday	السبت	كوسا باللبن
KOUSSA BIL LABAN		
<i>Fried stuffed courgettes, minced lamb, pine nuts & exotic spices cooked with yoghurt served with rice</i>		
Sunday	الأحد	سبانخ
SABANEKH		
<i>Spinach cooked with lamb, garlic, coriander & spices served with rice</i>		

SERVICE NOT INCLUDED

DINNER: MINIMUM CHARGE FOR
HORS D'OEUVRES & MAIN COURSE IS £13.50

SOUPS

الشوربات

- | | | | |
|----|-----------------|-------|--------------|
| 1- | LENTIL SOUP (v) | £5.00 | شورية العدس |
| 2- | CHICKEN SOUP | £5.00 | شورية الدجاج |

LEBANESE COLD STARTERS

مقبلات لبنانية باردة

- | | | | |
|-----|---|-------|---------------|
| 3- | HUMMOUS (v)
<i>Pureed chick peas with sesame paste
& lemon juice</i> | £5.50 | حمص |
| 4- | MOUTABEL (v)
<i>Grilled aubergines with sesame paste
& lemon juice</i> | £6.00 | متبل |
| 5- | TABOULEH (v)
<i>Parsley salad, tomatoes, onions, mint, crushed wheat,
lemon juice & olive oil</i> | £6.00 | تبولة |
| 6- | WARAK INAB (v)
<i>Vine leaves stuffed with rice, tomatoes,
onions, herbs & spices</i> | £5.50 | ورق عنب |
| 7- | MUHAMARAH (v)
<i>Crushed nuts mixed with hot spices</i> | £6.50 | محمرة بالجوز |
| 8- | FATTOUSH (v)
<i>Mixed salad with herbs, toasted Lebanese bread,
vinegar & a touch of garlic</i> | £5.00 | فتوش |
| 9- | MOUSSAKAAT BATINJAN (v)
<i>Fried aubergines with chick peas,
onions, tomatoes, garlic & spices</i> | £5.50 | مسقعة باذنجان |
| 10- | KABEES (v)
<i>Selection of Lebanese pickles (cucumber, turnip, chilli)</i> | £5.00 | كبيس مشكل |

SERVICE NOT INCLUDED

(v) dishes suitable for vegetarians

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11-	FOUL MOUKALA (v) <i>Fried fresh broad beans with garlic, coriander & olive oil</i>	£5.50	فول مقلّى بالزيت
12-	LABNEH (v) <i>Strained yoghurt with dry mint & olive oil</i>	£5.00	لبنة
13-	SHINKLEESH (v) <i>Lebanese cheese salad</i>	£5.00	شنكليش
14-	SALATATE AL RAHIB (v) <i>Smoked aubergines, green peppers, tomatoes, spring onions & garlic</i>	£6.00	سلطة الراهب
15-	FETA CHEESE SALAD (v)	£5.50	سلطة الجبنة (فيتا)
16-	CUCUMBER & YOGHURT SALAD (v)	£4.50	سلطة لبن بالخيار
17-	BATRAKH <i>Fish roe served with sliced garlic & olive oil</i>	£8.00	بطرخ
18-	MAKDOUS (v) <i>Pickled baby aubergines stuffed with walnuts, spices & garlic</i>	£5.50	مكدوس
19-	BASTURMA <i>Filet of cured beef in spices</i>	£7.50	بسطرما
20-	KIBBEH NAYEH <i>Raw prime cut of lamb blended with crushed wheat, spices & garnished with onions</i>	£8.00	كبة نيّة
21-	HABRA NAYEH <i>Fresh raw lamb blended with spices</i>	£8.00	هبرة نيّة
22-	KAFTA NAYEH <i>Prime cut of raw lamb minced with onions, spices & parsley</i>	£8.00	كفتة نيّة
23-	FATAYEL NAYEH <i>Raw lamb filet cut fine served with spices</i>	£8.00	فتايل نيّة

SERVICE NOT INCLUDED

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LEBANESE HOT STARTERS

مقبلات ساخنة

- | | | | |
|-----|---|-------|--------------------|
| 24- | HUMMOUS KAWARMAH | £7.50 | حمص قاورما |
| | <i>Hummous topped with fried diced lamb & pine nuts</i> | | |
| 25- | HUMMOUS SHAWARMA | £7.50 | حمص شاورما باللحمة |
| | <i>Hummous topped with lamb shawarma</i> | | |
| 26- | BAMIA BIL ZAIT (v) | £5.00 | بامية بالزيت |
| | <i>Okra fried in olive oil with garlic, tomatoes, onions & coriander</i> | | |
| 27- | MOUJADDARA BIL ZAIT (v) | £5.00 | مجدرة بالزيت |
| | <i>Lentils, crushed wheat, onions, spices, cooked in olive oil topped with caramelised onions & almonds</i> | | |
| 28- | BATATA HARRA (v) | £5.50 | بطاطا حرة |
| | <i>Potatoes cooked with olive oil, garlic, red peppers, spices & green chilli</i> | | |
| 29- | JAWANEH MESHWIYEH | £6.00 | جوانح مشوية |
| | <i>Grilled chicken wings in garlic sauce</i> | | |
| 30- | KIBBEH MAKLIEH | £6.00 | كبة مقلية شامية |
| | <i>Crushed wheat, stuffed with minced lamb, onions, walnuts & pine nuts (deep fried)</i> | | |
| 31- | ARAYES | £6.00 | عرايس |
| | <i>Minced lamb with parsley, topped with sesame paste & pine nuts baked on Lebanese bread</i> | | |
| 32- | ARAYES ALWAHA | £6.00 | عرايس الواحة |
| | <i>Minced lamb with onions, parsley, topped with sesame paste & pine nuts baked on Lebanese bread</i> | | |
| 33- | LAHEM BIL AJIN | £6.00 | لحم بالعجين |
| | <i>Minced lamb, onions & tomatoes baked on Lebanese bread topped with pine nuts</i> | | |
| 34- | MANAKEISH BIZZAATAR (v) | £6.00 | مناقيش بالزعتر |
| | <i>Baked Lebanese bread topped with thyme, olive oil & sesame seeds</i> | | |
| 35- | MANAKEISH BIL JIBNEH (v) | £6.50 | مناقيش بالجبنه |
| | <i>Baked Lebanese bread topped with halloumi cheese, thyme, sesame seeds, black onions seeds & mint</i> | | |
| 36- | KALLAJ BIL JIBEN (v) | £6.00 | كلاج بالجبنه |
| | <i>Halloumi cheese baked on Lebanese bread topped with dry mint</i> | | |

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37-	FATAYER (V) <i>Pastry stuffed with spinach, onions, pomegranate, pine nuts & walnuts</i>	£6.00	فطائر بالسبانخ
38-	SAMBOUSEK <i>Pastry stuffed with cheese, parsley (V), or with minced lamb, onions & pine nuts</i>	£6.00	سمبوسك باللحمة أو الجبنة
39-	FOUL MEDAMES (V) <i>Boiled broad beans served with lemon juice, olive oil & garlic</i>	£5.00	فول مدمس
40-	FALAFEL (V) <i>Mixture of ground chick peas, broad beans, garlic, onions & spices (deep fried)</i>	£5.00	فلافل
41-	GRILLED HALLOUMI <i>Grilled halloumi cheese</i>	£8.00	هلمه
42-	SAWDA DAJAJ <i>Fried chicken liver in lemon juice & spices</i>	£7.00	سودة دجاج
43-	FIRRI MESHWI <i>Quails grilled in lemon juice served with garlic sauce</i>	£8.50	فري مشوي
44-	SOJUK SADAH <i>Armenian lamb sausages, hot spices baked with tomato & slices of garlic</i>	£6.00	سجق
45-	MAKANEK GHANAM <i>Fried small Lebanese lamb sausages & pine nuts</i>	£6.00	مقانتق غنم مقلية أو مشوية
46-	FUTER MUKLEE <i>Fried mushrooms with lamb, onions & pine nuts</i>	£8.00	فطر مقلي مع اللحم والبصل
47-	GARLIC SAUCE / TAHINA / CHILLI	£1.00	توم/طحينة/فلفل حر
47A-	FRESH LEBANESE BREAD EACH	£0.50	خبز لبناني
ALWAHA FISH			أسماك الواحة
48-	WHOLE SEA BASS	£18.00	سي باس
49-	SAMAKEH HARRAH <i>Whole Sea Bass with hot spicy sauce</i>	£21.50	سمكة حارة
50-	KING PRAWNS <i>King prawns grilled with garlic & lemon juice</i>	£20.00	قريدس مشوي

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CHARCOAL GRILL

مشاوي على الفحم

- | | | | |
|-----|--|--------|-------------------------------|
| 51- | SHISH TAOUK
<i>Boneless chicken marinated in garlic, lemon juice & olive oil grilled on skewers</i> | £12.50 | طاووق |
| 52- | MIXED GRILL
<i>Grilled lamb cubes, minced lamb, chicken cubes served with onions & tomatoes</i> | £13.50 | مشوي مشكل |
| 53- | FARRUJ MESHWI
<i>Grilled baby chicken marinated in garlic, lemon juice & olive oil (45 mins)</i> | £15.00 | فروج مشوي على الفحم
بالثوم |
| 54- | FARRUJ MUSSAHAB
<i>Grilled boneless baby chicken with garlic sauce & vegetables (45 mins)</i> | £16.00 | فروج مسحوب |
| 55- | LAHEM MESHWI
<i>Tender lamb cubes grilled on skewers with tomatoes & onions</i> | £14.50 | لحم مشوي |
| 56- | KAFTA HALABIYEH
<i>Minced lamb, onions & parsley grilled on skewers</i> | £13.00 | كفتة حلبية |
| 57- | KAFTA KHASHKHASH
<i>Minced lamb, parsley, garlic & tomato purée grilled on skewers served with spicy sauce</i> | £14.00 | كفتة خشخاش |
| 58- | KAFTA YOGHURTLIYEH
<i>Grilled minced lamb served on toasted bread with yoghurt & pine nuts</i> | £13.00 | كفتة يوغورتلية |
| 59- | SHAWARMA
<i>Slices of lamb marinated in vinegar, spices & onions grilled on upright spit</i> | £13.50 | شاورما لحم |
| 60- | KIBBEH BIL SAYNIYEH
<i>Crushed wheat stuffed with minced lamb, onions & pine nuts baked in the oven</i> | £13.00 | كبة بالصينية |

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|-----|---|--------|---|
| 61- | KIBBEH MESHWIEH
<i>Crushed wheat stuffed with minced lamb,
pine nuts & grilled on skewers</i> | £12.50 | كبة مشوية (استنبولية) |
| 62- | LAMB CUTLETS
<i>Grilled lamb cutlets with vegetables or french fries</i> | £15.00 | كستليتة غنم بالثوم
مع الخضار / بطاطا مقلية |
| 63- | SHARHAT GHANAM
<i>Tender thin slices of lamb fried with lemon juice
& garlic served with vegetables or french fries</i> | £14.50 | شرحات غنم بالثوم مع
الخضار / بطاطا مقلية |
| 64- | SHARHAT DAJAJ
<i>Breast of chicken fried with lemon juice
& garlic served with vegetables or french fries</i> | £13.00 | شرحات دجاج مع
خضار / بطاطا مقلية |
| 65- | GRILLED VEGETABLE PLATTER (v)
<i>Grilled courgettes, aubergines, red / green peppers,
chilli, tomatoes & onions</i> | £12.00 | سلطة مشوية |

SIDE ORDERS

أطباق إضافية

- | | | | |
|-----|---|-------|--------------------|
| 66- | LEBANESE SALAD (v)
<i>Lettuce, tomatoes, parsley, cucumber &
onions</i> | £5.00 | سلطة لبنانية |
| 67- | PILAW RICE (v) | £4.00 | رز مفلفل |
| 68- | FRENCH FRIES (v) | £3.50 | بطاطا مقلية |
| 69- | ARABIC SALAD (SPICY) (v)
<i>Lettuce, tomatoes, parsley & onions with spicy dressing</i> | £5.00 | سلطة عربية مع الحر |
| 70- | MIXED SAUTEED VEGETABLES (v)
<i>Courgettes, carrots, cauliflower & broccoli</i> | £5.00 | خضار مشكلة |

DESSERTS

الحلويات والفواكه

- | | | | |
|-----|---|-------|----------------|
| 71- | LEBANESE SWEET (BAKLAWA) | £5.00 | حلويات لبنانية |
| 72- | MOUHALLABIEH
<i>Lebanese milk pudding topped with rosewater syrup</i> | £5.00 | مهلبية |
| 73- | SELECTION OF FRESH FRUITS | £6.00 | فواكه مشكلة |

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Gift Vouchers
Meal Gift Vouchers
Are Available From
AL WAHA RESTAURANT

Please ask for details

THE PAINTINGS IN AL WAHA RESTAURANT

THE PAINTINGS EXHIBITED IN OUR RESTAURANT ARE ORIGINAL WORKS BY THE ARTIST MONEER AL-SHAARANI.

AL-SHAARANI WAS BORN IN 1952 IN SYRIA. HE HAS WORKED AS A CALLIGRAPHER SINCE 1967 AND GRADUATED FROM THE COLLEGE OF FINE ARTS IN DAMASCUS IN 1977. AL-SHAARANI WAS A STUDENT OF THE GREAT SYRIAN CALLIGRAPHER BADAWI AL-DIRANI.

AL-SHAARANI IS A LEADING LIGHT IN THE FIELD OF ARABIC CALLIGRAPHY, HIS WORK EXTENDS FROM THE TRADITIONAL TO THE EXPERIMENTAL BY COMBINING CALLIGRAPHY WITH MODERN ART, CREATING THUS GENUINE ORIENTAL PIECES BEARING HIS UNIQUE MARK AND BRILLIANT INSIGHT INTO SHAPING THE MEANING OF ARABIC POETRY, SAYINGS AND THE HOLY KORAN.

OVER THE 30 YEARS THAT SPAN HIS CAREER AL-SHAARANI HAS EXHIBITED AND TAUGHT ALL OVER THE WORLD, HE HAS CONTRIBUTED TO A NUMBER OF MAGAZINES AND WRITTEN A NUMBER OF BOOKS ON THE SUBJECT.

ALL THE PAINTINGS IN OUR RESTAURANT ARE FOR SALE.

PLEASE ASK THE MANAGEMENT FOR FURTHER INFORMATION ON THE EXHIBITS OR THE ARTIST AND HIS WORK.

The London Restaurant Guide Top Ten Restaurants 2006

*'Everyone has favourites
and **Al Waha** is in my top ten'*

Charles Champion

Charles Champion, 2006



P
Pulse Books

TIO PEPE



ALWAHA
LEBANESE RESTAURANT

مطعم الواحة
للمأكولات اللبنانية

AL WAHA LEBANESE RESTAURANT

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